



## Activity Guide for Grades PreK – K

**This suggested guide can be modified as needed. It is provided to give context and assistance in using and facilitating the Heritage Month Kit materials.**

### **Theme:**

Asian American, Identity

### **Introduction to students:**

"Did you know that May is Asian American Native Hawaiian Pacific Islander Heritage Month?"

*Display provided map.*

"This is where we are, North America (point on the map), and here is the continent of Asia (point on map). Asia is HUGE! The people there have many different religions, cultures, skin color, and ways of life. Do you know of any countries in Asia?"

*Call on 2 or 3 students (make sure to mention countries in South Asia, Southeast Asia, and East Asia).*

"Asian Americans are people in America (point to the US) whose heritage is from Asia. Either they, their parents, or their ancestors came from Asia to the US. There are Filipino Americans, Pakistani Americans, Thai Americans, and many others with different Asian heritage. There is no one kind of Asian American. Each group has different languages, food, celebrations, and culture, but they may consider themselves Asian American. Share one part of your culture (language, food, celebrations) with a classmate next to you.

*Students talk to a neighbor.*

"Let's read a book by an Asian American author!"

# AANHPI Heritage Month Kit

**Each kit contains *A Child's Introduction to Asian American and Pacific Islander History* by Naomi Hirahara and one of the following books:**

- *Always Anjali* by Sheetal Sheth
- *My Name is Saajin Singh* by Kuljinder Kaur Brar
- *Thao* by Thao Lam
- *That's Not My Name* by Anoosha Syed

- What do you think of the story?
- What is something unique about you?
- Do you know why your grown-ups picked your name? What does it mean?
- Has anyone ever pronounced your name incorrectly? How did it feel? What do you think of how Anjali/Saajin/Thao/Mirha responded?

**Craft:**

- "We all have special and unique names! Take one Scratch Art paper and one stylus, and show everyone how special your name is by drawing it on the paper. Don't forget to decorate it with some stickers!"
- A classroom coloring page is included in this kit.

**"Parent/Caregiver Guide":**

Students can take home a sheet and share what they learned with their families.

**"Educator Resources":**

Resources for the classroom teacher are included in this kit.

**Enter to Win**

Take a photo of your class using/with the kit, [#heritagemonthkit](#), and automatically enter to win an illustrator visit from Krupa Kanaiya, a Georgia artist and our coloring page designer.

Email [info@aaved.org](mailto:info@aaved.org) for more info.

