

Activity Guide for Grades 1 - 3

This suggested guide can be modified as needed. It is provided to give context and assistance in using and facilitating the Heritage Month Kit materials.

Theme:

Asian American, Identity

Introduction to students:

"Did you know that May is Asian American Native Hawaiian Pacific Islander Heritage Month?"

Display provided map.

"This is where we are, North America (*point on map*), and here is the continent of Asia (*point on map*). There are about 8 billion people in the world, and more than half of them live in Asia! That's almost 7 times the number of people in North America! Asia is HUGE! The people there have many different religions, culture, skin color, and ways of life. Do you know of any countries in Asia?"

Call on 2 or 3 students (make sure to mention countries in South Asia, Southeast Asia, and East Asia).

"Asian Americans are people in America (*point to the US*) whose heritage is from Asia. Either they, their parents, or their ancestors came from Asia to the US. Asians are people who live in Asia. In Georgia, Asian Americans are the fastest-growing group in our state! There are Filipino Americans, Pakistani Americans, Thai Americans, and many others with different Asian heritage. There is no one kind of Asian American. Each group has different languages, food, celebrations, and culture. Share one part of your culture (language, food, celebrations) with a classmate next to you."

Students talk to a neighbor.

"Let's learn more about Asian American history and a connection to some history you may have already learned in class."

Show images of Civil Rights leaders (Dr. Martin Luther King, Jr., Rosa Parks, Ruby Bridges).

"Do you recognize any of these people? What are they known for doing?"

Call on 2 or 3 students.

AANHPI Heritage Month Kit

“Did you know that people of Asian heritage could not vote, marry who they wanted to, or go to certain schools? Three years after the Civil Rights Movement, students of Asian heritage also came together to fight for their rights. They decided to call themselves- Asian American. They said, ‘Although we are Chinese American, Japanese American, and Filipino American, let’s band together as Asian Americans and work together.’ Calling themselves Asian American didn’t mean to forget their heritage but to come together for their rights.”

Show *A Child’s Introduction to Asian American and Pacific Islander History* by Naomi Hirahara.

“We have this book for your classroom so that you can learn more about the specific Asian Americans who fought for civil rights and other Asian American heroes in sports, science, TV, music, and technology.”

“Let’s read a book by an Asian American author!”

Each kit contains *A Child’s Introduction to Asian American and Pacific Islander History* by Naomi Hirahara and one of the following books:

When Lola Visits by Michelle Sterling

- What do you think of the story? How do you know when summer is here (smells, sights)?
- Do you have family members that come to visit you? What kind of activities do you do together when they visit?
- Are there specific foods that you eat during the summer or when family members visit?

Words Between Us Angela Pham Krans

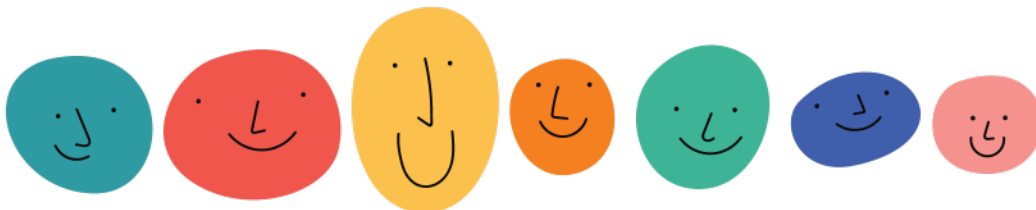
- What are some languages you heard about or know? Did you understand them?
- How do you think Ba felt when she got lost? Why do you think she felt that way?
- What did Felix do to help Ba? Would have done the same or something different?

Lailah’s Lunchbox by Reem Faruqi

- Why do you think Lailah thought the kids would treat her differently?
- What do you think the teacher should have done if her friends made fun of her?
- What advice would you have given Lailah?
- Is there anything about your family traditions that you want to share?



Questions from the
University of Virginia’s
Educating for Democracy



AANHPI Heritage Month Kit

Craft:

- “Like the story we read out loud, there are many people that leave lasting memories with us – whether that’s a grandparent, teacher, librarian, or our friends, we should cherish those memories. Take one picture frame and one stylus, to decorate a picture frame that reminds you of those important people. Don’t forget to ask your family for a picture to put in your decorated picture frame.”
- A classroom coloring page is included in this kit.

“Parent/Caregiver Guide”:

Students can take home a sheet and share what they learned with their families.

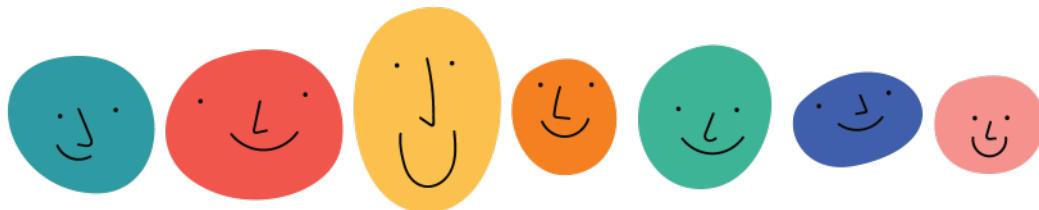
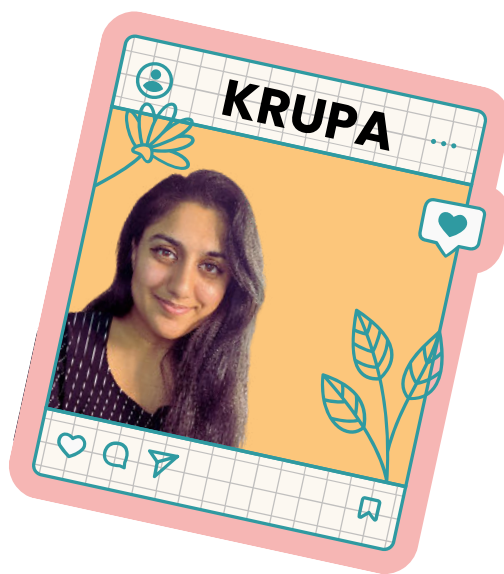
“Educator Resources”:

Resources for the classroom teacher are included in this kit.

Enter
to Win

Take a photo of your class using/with the kit, [#heritagemonthkit](#), and automatically enter to win an illustrator visit from Krupa Kanaiya, a Georgia artist and our coloring page designer.

Email info@aaved.org for more info.



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