

Activity Guide for Grades 4 – 5

This suggested guide can be modified as needed. It is provided to give context and assistance in using and facilitating the Heritage Month Kit materials.

Theme:

Courage & Resilience

Introduction to students:

"May is Asian American & Native Hawaiian/Pacific Islander Heritage Month. Today, we will learn about Asian American leaders."

Display provided map

"This is where we are, North America (point on map), and here is the continent of Asia (point on map). Asia is almost TWICE as big as North America! Wow! There are about 8 billion people in the world, and more than half of them live in Asia. That's almost 7 times the number of people in North America. Asia is a HUGE continent! The people there have many different religions, culture, skin color and ways of life. Do you know of any countries in Asia?"

Call on 2 or 3 students

"Asian Americans are people in America (point to the US) whose **heritage** is from Asia. Either they, their parents or ancestors came from Asia to the US. We all have a **heritage**! Unless we are Indigenous Americans, either we, our parents, grandparents, or ancestors came from somewhere else. Today, we are going to learn about American heroes whose **heritage** is from Asia. Think about your family's **heritage**. Now turn and tell a neighbor what you think your family's **heritage** may be."

Students share with their neighbor.

"Do you know what **resilience** and **courage** mean? **Resilience** means to say 'Yes, I can!' when others tell you can't. **Courage** is being brave even when it's hard to."

Show students pictures of MLK Jr, Rosa Parks & Harriet Tubman.

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"Do you know who these are? How did they show **resilience**?"

It was really hard for Asian Americans to come here, and people weren't nice to them. Asian Americans had to be **courageous** and **resilient** like MLK Jr, Rosa Parks & Harriet Tubman.

Today, we will learn about **courageous** Asian Americans who were **resilient**."

Read Aloud Suggestions:

Yes We Will

"Did anyone read *Front Desk* books?"

If students know the book series, let them know that this book is by the same author.

Turn to page with Mamie Tape

"This is Mamie Tape! Do you remember learning about Ruby Bridges in first grade? Like Ruby, Mamie had to fight for her right to go to school. 70 years before Ruby won the right to go to integrated schools, Mamie fought for the same right. Living in California, Mamie wanted to go to school, but the school told her that she wasn't welcome because she was Asian American. Mamie was a **courageous** and **resilient** girl who said, 'Yes, I can!' Like Ruby, she is one of many girls who fought for their right to go to school.

Show pictures of Ruby Bridges, Sylvia Mendez & Alice Piper on "Teaching History from Diverse Perspectives" handout in the Educator Resource folder.

"Here are some other girls like Mamie and Ruby. Alice Piper was a Paiute/Native American girl and Sylvia Mendez was a Puerto Rican and Mexican American girl who were fought for integrated schools."

Each kit contains one of the following books:

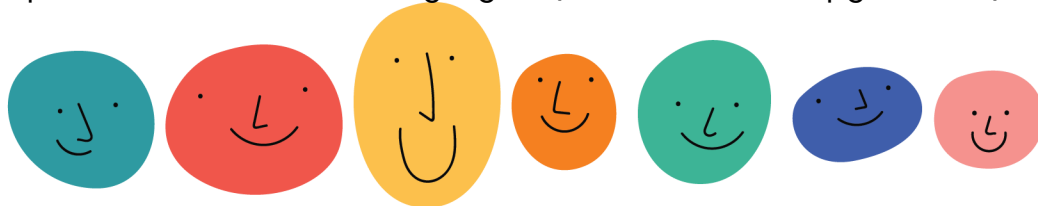
Journey for Justice: Life of Larry Itliong, I Am An American: Wong Kim Ark, Sylvia & Aki, Finish the Fight, Step Up to the Plate, Maria Singh, A Different Pond

Coloring Page:

Guide the students in a classroom coloring activity (large coloring page provided).
Illustrated by Jalysa Leva of PBS Kids' "Jelly, Ben & Pogo".

Additional Activity:

Give students options on how they want to create a craft about an AANHPI figure. They could make posters or create something digital (PowerPoint or a Flipgrid video).



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Craft:

"We will make a key chain today with **courage** and **resilience** in mind. What are some other words that describe **courage** and **resilience** to you? Write it and decorate it on the cut out for your keychain."

Have students write or draw another word, image, or expression for courage or resilience (i.e.: decorated written "courage", picture of when student showed resilience, etc.).



 **Craft
Instructions**

"For the Family" Take Home Sheet:

Students can take home a sheet and share what they learned with their family.

Educator Resource Folder:

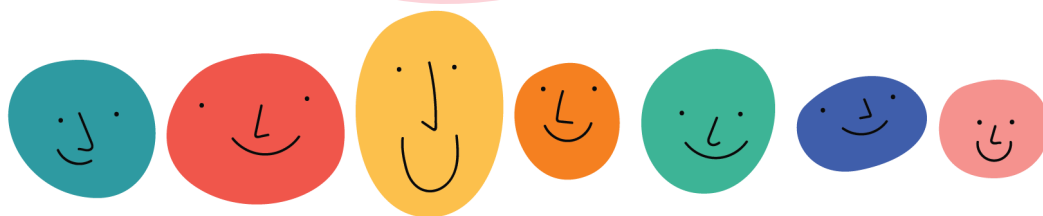
Provided in this kit is a folder for educators. We can be reached via email if you have any questions. (info@aaved.org).

Check our website for additional information and professional learning opportunities (www.aaved.org)

**Enter
to Win**

Take a photo of your class using the kit and **#heritagemonthkit** and automatically enter to win an illustrator visit from Jalysa Leva, creator of PBS Kids Jelly, Ben & Pogo!

Email or go to www.aaved.org for additional information.



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