

Activity Guide for Grades 1 - 3

This suggested guide can be modified as needed. It is provided to give context and assistance in using and facilitating the Heritage Month Kit materials.

Theme
Courage & Resilience

Introduction to Students:

"May is Asian American & Native Hawaiian/Pacific Islander Heritage Month. Today, we will learn about Asian American leaders."

Display provided map

"This is where we are, North America (*point on map*), and here is the continent of Asia (*point on map*). There are about 8 billion people in the world, and more than half of them live in Asia! That's almost 7 times the number of people in North America! Asia is HUGE! The people there have many different religions, culture, skin color and ways of life. Do you know of any countries in Asia?"

Call on 2 or 3 students

"Asian Americans are people in America (*point to the US*) whose **heritage** is from Asia. Either they, their parents or ancestors came from Asia to the US. Everyone's **heritage** is from somewhere. Unless we are Indigenous Americans, either we, our parents, grandparents, or ancestors came from somewhere else. Today, we are going to learn about American heroes whose **heritage** is from Asia. Think about your family's **heritage**. Now turn and tell a neighbor what you think your family's **heritage** may be."

Students share with their neighbor.

"Do you know what **resilience** is? **Resilience** means to say 'Yes, I can!' When others tell you can't. What's **courage**? It's being brave and even when it's hard to."

Show students a picture of Ruby Bridges from "Teaching History from Diverse Perspectives" handout in the Educator Resource folder.

"Do you know who this is? We learned about her in first grade. Think about how Ruby showed **courage**."

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It was really hard for Asian Americans. People weren't always nice to them. Like Ruby, Asian Americans had to be **courageous** and **resilient**.

Today, we will learn about **courageous** Asian Americans who said they can when others didn't believe in them."

Read Aloud Suggestions:

Yes We Will

After reading book, turn to page with Mamie Tape

"This is Mamie Tape! In 1883, Mamie lived in California and wanted to go to school, but the school told her that she wasn't welcome because she was Asian American. Mamie was a **courageous** and **resilient** girl who said, 'Yes, I can!' She is one of many girls who fought for their right to go to school just like Ruby Bridges."

Show pictures of Ruby Bridges, Sylvia Mendez & Alice Piper on "Teaching History from Diverse Perspectives" handout in the Educator Resource folder.

"Did you know there were other girls who fought for their right to go to school? Alice Piper was a Paiute/Native American girl and Sylvia Mendez was a Puerto Rican and Mexican American girl who have stories like Ruby and Mamie."

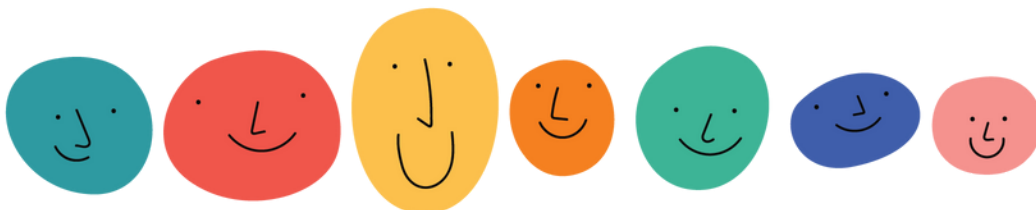
Each kit contains one of the following books:

How to Solve a Problem, It Began With A Page, Laxmi's Mooch, or Finding Papa

After reading the book, have students share their feelings and how they can relate to the story.

Coloring Page:

Guide the students in a classroom coloring activity (large coloring page provided).



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Craft:

"What **courageous** and **resilient** people in history! We all have times when we say, 'Yes, I can!' even when it's hard. Today, we will make a magnet reminding us that we, too, are **courageous** and **resilient**."

Have students write or draw another word, image, or expression for courage or resilience (i.e.: decorated written "courage", picture of when student showed resilience, etc.). Cardstock paper to be placed under craft when using permanent marker to protect desk surface.



 **Craft
Instructions**

"For the Family" Take Home Sheet:

Students can take home a sheet and share what they learned with their family.

Educator Resource Folder:

Provided in this kit is a folder for educators.

**Enter
to Win**

Take a photo of your class using the kit and **#heritagemonthkit** and automatically enter to win an illustrator visit from Jalysa Leva, creator of PBS Kids Jelly, Ben & Pogo!
Email or go to www.aaved.org for additional information.

